

OBJECTIVE

To get to know the professional experiences of another professional, which may inform ways of working together and/or better prepare or plan a shared project.

OUTCOME

To discover shared and differing experiences in four areas:

- Communities
- Approaches
- Stakeholders
- Themes

EXERCISE

- I. First, arrange participants in pairs and give each pair a copy of the CAST Model worksheet (example on following page).
- II. Instruct each pair to appoint the first 'interviewer'. The interviewer takes time to ask their partner questions on the four focuses of the CAST model. It is encouraged that the interviewer record responses in one column of the CAST worksheet. By recording the answers they have the opportunity to ask for clarification if meaning or vocabulary lacks clarity.

Suggested questions:

1. Which communities have you worked with in the past? This may not only include groups of people that make a community but also individual clients or participants.
2. What approaches have you used in your work and to what extent? This could include approaches in project management, community engagement, consultation or arts subjects (a social worker may be a confident dancer on their free time).
3. Which stakeholders have you experience of working with? This may include funders, non-government organisations, educational institutes and charities.
4. Within your work, what themes have you experience of exploring or basing projects on? This could include issues, initiatives and topics.

Once the interviewer has completed their questions and recorded the data in arrows in one column, swap roles so that the partner becomes the interviewer who repeats the exercise, recording data in the arrows in the opposite column.

CAST: Exploring Competencies

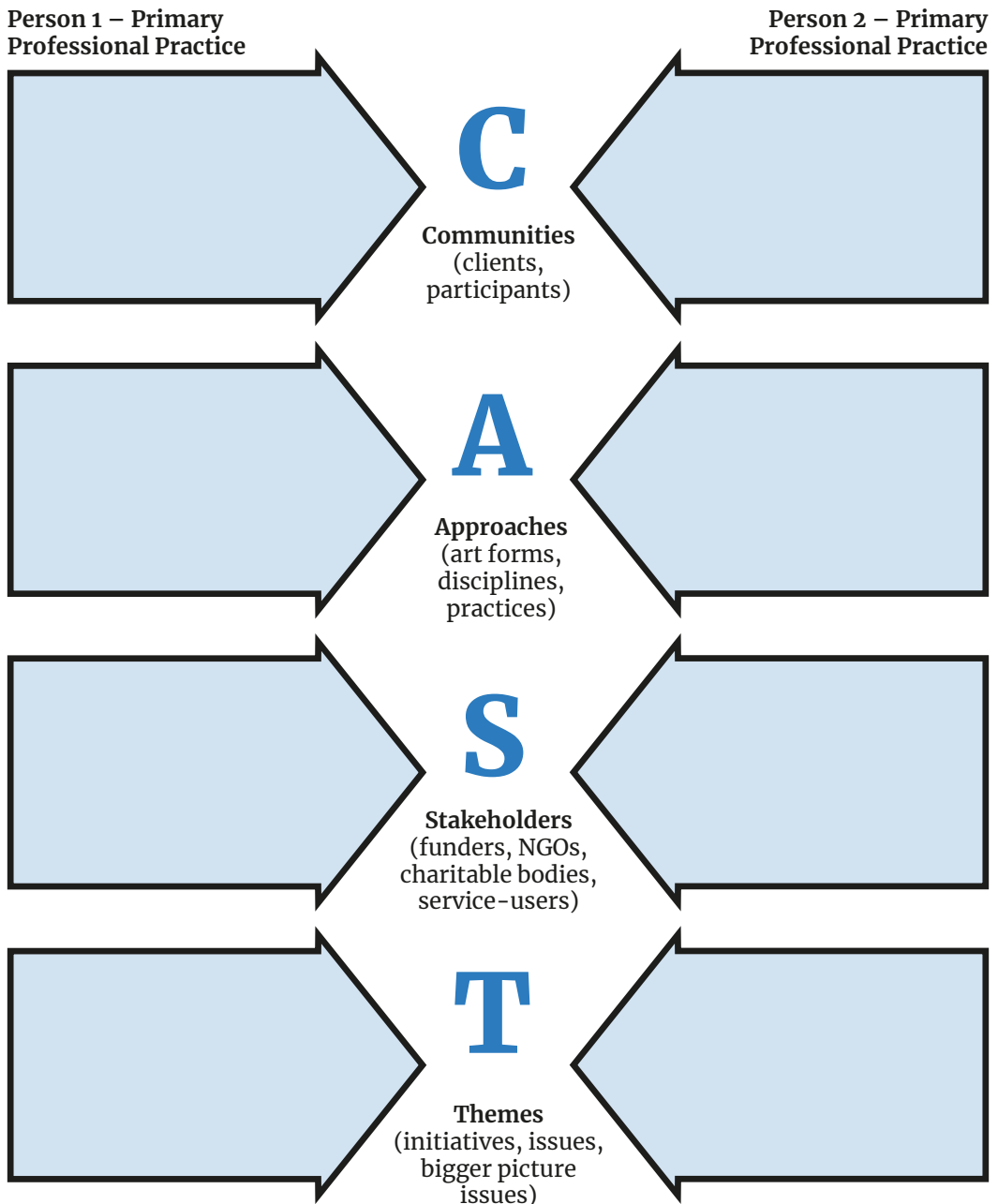


Figure 9. The CAST Model Worksheet.

CAST: Exploring Competencies

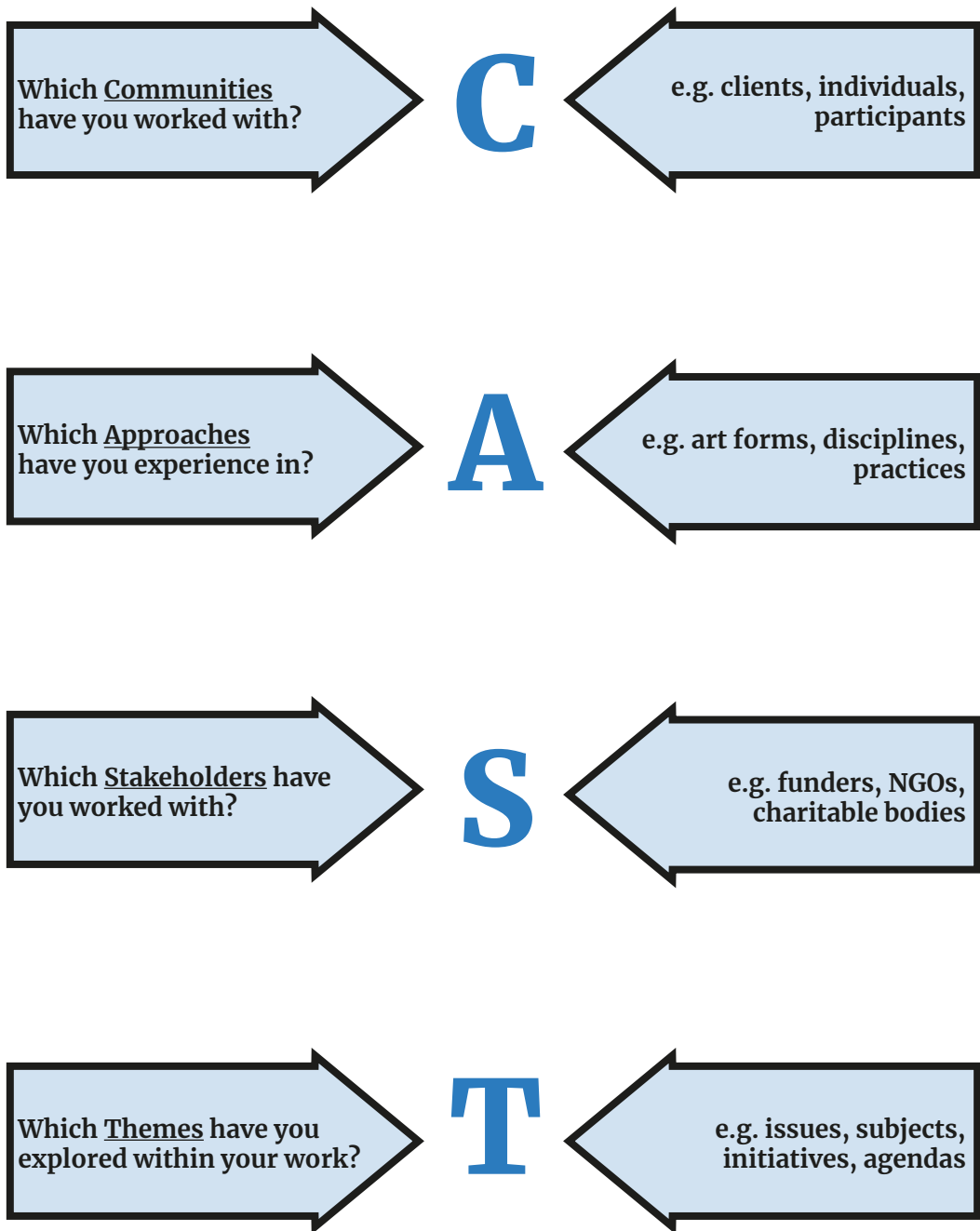


Figure 10. The CAST Model Worksheet 2.