

OBJECTIVE

A self-identification tool to explore, discuss and share how confident participants are in MPW and where they professionally position themselves in relation to other professionals.

OUTCOME

Be able to identify confidence levels in MPW and orientate oneself professionally in relation to others working in arts and social care settings.

ACTIVITIES

Exercise 1.

Imagine a line or continuum across the space/room. One end represents a space for those who feel unconfident about multiprofessional work and at the other end is a space for those who feel very confident about working multiprofessionally.

Task: Each participant takes a place in a certain point on the line, depending on their confidence in MPW.

Discuss: Why have you chosen to stand at this place? What experiences of MPW have you had that mean you are confident in this type of work? What reasons have you for a lack of confidence in MPW?

Exercise 2.

Imagine another line or continuum across the space. One end represents arts practice and the other end represents social work/social care.

Task: Participants take a place on the line, orientating themselves according to their current professional practice. If their practice blends an equal amount of arts and social work, they will be in the middle of the line. If their current practice involves no arts, or no social work, they would position themselves at either end.

Discuss: Are you comfortable with your orientation on the continuum or would you like to be elsewhere? If so why? If not, why?